
GREEN RUN LITTLE LEAGUE

2021 COVID-19 SAFETY PLAN



45 YEARS OF SERVICE

LEAGUE ID# 346-08-02

CONSIDERATIONS

- Governor's office has publicly endorsed resumption of organized baseball and softball
- Medical experts suggest "Play ball! The risk is likely to be lower now than in the Fall."
- Goal of resuming play: provide opportunities for as many community children possible
- Families should decide what's best for them according to own comfort levels community safety AND the entire league's ability to play baseball
 - Participation in league play is willful consent to abide by the outlined safety measures
 - Refusal to abide by outlined safety measures (gross negligence) jeopardizes
- Well communicated return to play strategies/measures to minimize risk
 - Resources for informed decision making
 - General Safety Measures
 - Organized Practice and Game Procedures

RESOURCES

- [CDC COVID19 Considerations for Youth Sports](#)
- [Little League Season Resumption Guide](#)
- [Little League Best Practices: Organizing, Playing, Watching Games](#) (Jun 2020)
- [Virginia Guidelines for Recreational Sports](#)
- [South County LL Safety Video](#)

GENERAL SAFETY MEASURES

Our goal is to keep all Players, Coaches, Volunteers, Umpires, and any others Safe and Healthy while allowing the children to return to normalcy of their Baseball /Softball season. The following is the changes to procedures that GRL and other surrounding Little Leagues have made to in effort to promote safety at the ball fields. Participation in this season, is contingent on adherence to the following safety practices:

- All players, coaches, volunteers, independent contractors, and spectators should practice social distancing from individuals not residing within their household - 6' with mask, 10' without mask - wherever possible.
- Players and families should vacate the field/facility as soon as reasonably possible, ideally in 20 mins or less.
- Sanitizing solutions, wipes, or disinfectant sprays will be provided for each team with equipment and shall stay with such equipment and readily available at each practice and game.
- **Coaches, team parents and umpires are required to wear masks while participating in games or practices.**

NO UNNECESSARY CONTACT

- Examples include handshakes, first bumps, contact celebrations, etc

NO EQUIPMENT SHARING

- Examples include gloves, bats, batting gloves, helmets, elbow guards, etc Please label equipment w/ player's name to readily identify and avoid confusion

NO FOOD/BEVERAGE SHARING

- Please label items w/ player's name to readily identify and avoid confusion.
- No spitting/chewing gum or sunflower seeds

USE SANITIZER OFTEN

- Strongly advised that all players have their own sanitizers to use at the field. In the case this is not available, there will be hand sanitizer and spray disinfectant at the field.
- The balls used will be sanitized daily at the completion of practice, and when deemed necessary.

SCREENING & RESTRICTIONS

- Players, coaches, staff, and umpires will administer daily self-screening before games and practices using the CDC guidelines below:
 - A fever of 100.4°F or higher
 - A new cough that cannot be attributed to another health condition
 - Shortness of breath that cannot be attributed to another health condition
 - Chills that cannot be attributed to another health condition
 - A new sore throat that cannot be attributed to another health condition
 - A change in senses of smell and/or taste
 - A headache that cannot be attributed to another health condition
- Immediate reporting to GRLL by players/parents, coaches, staff or umpires if they:
 - Have ANY positive signs of the above specified symptoms
 - Feel unwell and/or have been in contact with anyone known to be infected with COVID-19
- NO player, coach, volunteer, staff member, umpire or fan is allowed to attend any league practices or games if they have a fever, feel unwell or display the symptoms associated with COVID-19 until symptom-free for 72 hours or cleared by a medical doctor.
- If any player, coach, volunteer, staff member and/or umpire tests positive for COVID-19 infection or are otherwise diagnosed as infected with COVID-19, the individual will self-quarantine for at least 14 days, and will not attempt to return to any league activity until they have been fever-free (unmediated by any fever-reducing medication) for 72 hours or have been cleared by a medical doctor.
- Players, coaches, staff and umpires will be required to submit a GRLL COVID-19 agreement and indemnification waiver. This includes an agreement whereby they become infected with COVID19 or become exposed to someone with COVID-19, GRLL may inform other league members or individuals who have been around them that they may be at risk. Can be found at the bottom of this document.

PRACTICE PLAN

- Player equipment must also be spread out: Player A's bag must be 10 feet from Player B's bag. This should prevent being too close when it is time to get equipment or pack up. In general, the chain-link metal fence poles surrounding the fields are roughly 10 feet apart.
- Keep things basic, then progress:
 - Throwing as outlined
 - Ground balls to each other
 - Field at assigned position - 1 per position
- No batter/catcher – batting practice can occur, just no catcher. Pitchers can throw
- “bullpen” sessions, just no live batter.
- Teams can work on everything baseball that maintains the 10-foot rule
- Parents/guardians attending practices should refrain from getting any foul balls; please allow the coaches and players to retrieve foul balls to limit contact.

GAME PLAN

- Players, coaches, and volunteers will sanitize their hands between innings.
- Every effort will be made to maintain 10 feet boundaries between players during all aspects of the game.
- (Minors and above) Dugouts and bullpens will be used at the managers' discretion, whether used for a pitcher/catcher duo OR the next 3 batters due up, capacity WILL NOT exceed 4 people.
- (T-ball and Coach Pitch) Players shall sit with family instead of sitting in a dugout. Families that live together shall sit together but maintain 6-10ft from next family group. Parents will be responsible for children on the bench during batting.
- Each manager will provide game balls for their team while fielding.
- Bat racks will NOT be used. As such, bats may only be retrieved by coaches or the player owning it.
- Foul balls will be retrieved by coaches or players.
- Families/guests should model distancing behavior expected of players. In addition to serving as an example, this also allows GRLL baseball to continue without fear of being closed for infractions.

2021 GROLL COVID-19 MINOR INDEMNIFICATION FORM

FOR PARTICIPANTS UNDER AGE 18 AT THE TIME OF REGISTRATION

In light of the fact COVID-19 has been deemed a public health emergency in the United States and has been declared a global pandemic by the World Health Organization, as a further condition of my child being allowed to participate in the 2021 Little League season, I agree, on behalf of my child and myself:

- That the risk of potentially contracting illness (including, but not limited to, COVID-19 related illness) attributable to participation in the 2021 baseball/softball season is being knowingly and voluntarily assumed;
- That my child and I will indemnify and hold the Green Run Little League harmless from any liability or losses arising out of illness (including, but not limited to, COVID-19 related illness) attributable to participation in the 2021 baseball/softball season with the agreement that this indemnification/hold harmless commitment extends to all alleged acts or omissions by coaches, organizers, sponsors, volunteers, board members, supervisors, participants, transportation providers, umpires and any other persons involved in any way with the 2021 baseball/softball season; and
- That in the event that myself/my child tests positive for COVID-19 or Green Run Little League determines in its discretion that myself or my child is demonstrating symptoms of COVID-19 and/or has been directly exposed to someone diagnosed with COVID-19; myself/my child will self-quarantine for at least 14 days, and will not attempt to return to any league activity until fever-free (unmediated by any fever-reducing medication) for 72 hours or have been cleared by a medical doctor.
- That in the event that I or my child tests positive for COVID-19, I will provide that information to the GROLL Safety Officer (safety@greenrunll.com); and
 - My Non-Personal Identifiable Information (PII) will be used in Green Run Little League's contact tracing and notification procedures.
 - My Personal Identifiable Information (PII) may be released to the local health office.

Further, in order to have my child participate in the 2021 baseball/softball season I have read and agree to follow the rules and guidelines listed in GROLL's 2021 COVID-19 Safety Plan.

Print Participant(s) Name: _____

Print Parent/Guardian Name: _____

Parent/Guardian Signature: _____

Date: _____

2021 GRLL COVID-19 INDEMNIFICATION FORM

VOLUNTEERS

In light of the fact COVID-19 has been deemed a public health emergency in the United States and has been declared a global pandemic by the World Health Organization, as a further condition of being allowed to participate in the 2021 Little League season, I agree:

- That the risk of potentially contracting illness (including, but not limited to, COVID-19 related illness) attributable to participation in the 2021 baseball/softball season is being knowingly and voluntarily assumed;
- That I will indemnify and hold the Green Run Little League harmless from any liability or losses arising out of illness (including, but not limited to, COVID-19 related illness) attributable to participation in the 2021 baseball/softball season with the agreement that this indemnification/hold harmless commitment extends to all alleged acts or omissions by coaches, organizers, sponsors, volunteers, board members, supervisors, participants, transportation providers, umpires and any other persons involved in any way with the 2021 baseball/softball season; and
- That in the event that I test positive for COVID-19 or Green Run Little League determines in its discretion that I am demonstrating symptoms of COVID-19 and/or have been directly exposed to someone diagnosed with COVID-19; I will self-quarantine for at least 14 days, and will not attempt to return to any league activity until fever-free (unmediated by any fever-reducing medication) for 72 hours or have been cleared by a medical doctor.
- That in the event that I test positive for COVID-19, I will provide that information to the GRLL Safety Officer (safety@greenrunll.com); and
 - My Non-Personal Identifiable Information (PII) will be used in Green Run Little League’s contact tracing and notification procedures.
 - My Personal Identifiable Information (PII) may be released to the local health office.

Further, in order to volunteer in the 2021 baseball/softball season I have read and agree to follow the rules and guidelines listed in GRLL’s 2021 COVID-19 Safety Plan.

Print Volunteer Name: _____

Volunteer Signature: _____

Date: _____